Know your role: You are responsible for the safety of everyone on the pitch first and foremost

Remember your calls: Make all referee calls loud and clear, using hand signals where appropriate

Remember your calls: Additional calls can help the game flow smoother e.g. "play on" or "clean contact". Also, if playing on a coned pitch, calls like "over halfway", "outside keeper zone" can help players know where they are on the pitch

Remember your warnings: Apply warnings evenly throughout the game and across the two teams, you don't need to card every incident you see (use your discretion)

Know your positioning: You should be behind and to the side of the quaffle carrier, within a few metres of them but not too close so as to affect play. Pick the side of the pitch that offers you the greatest field of view i.e. don't put 75% of the pitch behind your back

Know your signals: Clear arm, voice, and whistle signals let everyone across the pitch know what calls you are making

Know your team: During longer stoppages, check in with the other officials on the pitch to see if any warnings need to be communicated and that the score and time are correct